



# Navigators Discipleship Tool

The Wheel diagram, created by Navigator founder Dawson Trotman in the 1930s, is a simple and effective way to visually explain the structure of a God-glorifying life. Sharing it can be as simple as drawing it on a napkin or notepad. The diagram challenges us to think deeply about how to be an obedient follower of Christ and each part represents a crucial component of a vibrant Christian life.



## THE WHEEL

### *How you relate to yourself*

#### THE CENTER HUB AND OUTER RIM

- **Christ:** Total surrender to Christ's authority and Lordship is not always a decision made right at conversion, but is a necessary act of the will. For the believer, the "old life" has gone and the new has come (2 Corinthians 5:17), because Christ has begun to dwell in us (Galatians 2:20). God creates within us the desire to do what He wants us to do in order to express His Lordship in our lives.
- **The Obedient Christian in Action:** Some acts of obedience to God are internal, such as attitudes, habits, motives, values and day-to-day thoughts. But even these eventually surface outwardly in our relationships with other people. Keeping His commands in obedience is our outward indication of inward health and love for Christ (John 14:21, Romans 12:1).

### *How you relate to God*

#### THE VERTICAL SPOKES

- **The Word:** God uses His word to speak directly to us, revealing not only who He is, but how He calls us to live and interact with everyone around us (2 Timothy 3:16). This means an earnest personal intake of God's Word is essential for our spiritual health and growth (Joshua 1:8). As God speaks to us through the Scriptures, we learn how to obey Him and apply the gospel to every part of our lives. We also come to know Jesus personally and find He is worthy of our steadfast allegiance.
- **Prayer:** Prayer is the natural response to God as we hear Him speak through His Word. It is sharing our heart with the One who longs for our companionship and who cares about our concerns. Prayer not only trains our hearts and minds to know the power and glory of God, but also turns His ear towards action in our lives (John 15:7, Philippians 4:6-7).

### *How you relate to others*

#### THE HORIZONTAL SPOKES

- **Fellowship:** God has directed Christians to build each other up through interdependence and loving relationships with each other (Hebrews 10:24-25). Gathering together as the Body of Christ draws God close around us as we praise Him and encourage one another (Matthew 18:20).
- **Witnessing:** God has given believers the joy and responsibility of telling the world about the good news of Christ's work on Earth (Matthew 4:19). In fact, sharing about His amazing grace is the natural overflow of a rich, vibrant life in Christ (Romans 1:16).